

From: [Hamdy, Rania E.](#)
To: [Hamdy, Rania E.](#)
Subject: Yoga Class on Monday, June 22
Date: Tuesday, June 16, 2020 9:26:52 AM
Attachments: [Yoga Flyer 3.png](#)

Sign up for a free virtual yoga class in celebration of International Yoga Day!

When: Monday, June 22, 5:00PM

This class is open to all SBVC students and staff. All ages and yoga levels welcome. No webcam or microphone required.

Sign up with your staff email at: <http://tinyurl.com/sbvcyoga-3>

For questions, contact Marie at mmaghuyop@valleycollege.edu.